

Supporting Caregivers Since 1986

Since 1986, EAC Network's In-Home Respite Services have been recognized as the premier provider for Nassau County caregivers who are caring for a frail, elderly relative. Trained and carefully screened companions are matched with families to insure compatibility. In-home Respite is provided once or twice a week from two to six hours. This gives the caregiver time to keep medical appointments, shop, or attend social or family events without worrying about the safety of the loved one in their care. EAC Network's In-Home Respite Services is the care that caregivers need.



Program funding is provided by the New York State Office for the Aging, the Helen L. Morris Foundation and the Town of North Hempstead's Department of Services for the Aging.



EAC Network is a not-for-profit human service agency with over 100 programs throughout Long Island and the New York metro area and has been providing human service programs in the fields of aging, youth, families, education, and criminal justice since 1969. Last year EAC Network helped over 54,000 people.

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In Memory of Carol O'Neil
For her 35 years of
service

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www.eac-network.org
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Celebrating 36 Years of Caring!



Helping families care for an
older adult at home.

In-Home Respite Services

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In-Home Respite Services

What are In-Home Respite Services?

We offer time-off for the caregiver, an opportunity to go shopping, have lunch with a friend or just relax.

Trained companions visit with your loved one and do anything a friend or neighbor might do except provide personal or medical care.

How Can In-Home Respite Services Help?

- A comprehensive in-home assessment by a Registered Nurse or Social Worker
- In-home companion visits from 2 - 6 hours, 1 - 2 days per week
- Ongoing support and referrals from professional staff

Who is Eligible?

All Nassau County residents who provide care for a person 60 years of age or older are eligible. Caregivers do not need to reside in the home, but must provide 50% or more of support for the older adult.



"In-Home respite services is a lifeline for me. When the companion is there I know that I can leave my house knowing that my mother is safe and happy to have someone to share her stories, which I have heard a thousand times. I only wish I had heard about this program sooner."

- Lauri T.



Who are EAC Network's Companions?

EAC Network's Companions are caring men and women from all walks of life. Many were caregivers for family members and know first-hand the stress and burden of care giving. They are carefully screened, with background and reference checks, and receive ongoing training and supervision. Companions are carefully selected and matched with each family to insure compatibility. All companions are trained to work with older adults with Alzheimer's disease or other related dementia.

CALL TODAY
(516) 539-0150 x215

What Does a Companion Do?

- Offers companionship and friendship for the older adult.
- Brings the outside world into the home by sharing common interests.
- Introduces the older adult to games and other activities such as music and art.
- Prepares a light meal
- Keeps the older adult safe in the absence of the caregiver.

Want to Become a Companion?

- Do you have a genuine desire to help others and are able to commit to in-home visits from 2 to 6 hours one or two days a week?
- Are you available to attend training and orientation before starting to provide help for a caregiver?
- Upon completion of training, Companions receive an hourly wage



Pictured:
EAC Network Companion
BettyAnn Pristupa,
the 2013 Nassau County
Senior Woman of the Year