How can **Health Home** help you?

Who can join a Health Home?

Anyone who is eligible for Medicaid and has two chronic conditions such as diabetes, asthma, heart disease, high blood pressure, substance use, obesity, HIV/AIDS, or a mental health diagnosis may be able to join.



How are participants referred?

Give us a call at **(646) 355-5318** or email Program Supervisor Renee Tammaro at **Renee.Tammaro@eac-network.org**. You can initiate the process or be referred. We accept referrals from a wide range of agencies, including the criminal justice system.

Is there a fee for services?

Health Home Care Coordination is a free service funded by Medicaid. Health Home is a completely voluntary program.

What is a Health Home?

A health home is not a physical space. It is a group of health and community agencies that have agreed to work together to help Medicaid members with serious and chronic health issues get additional support services and stay healthy & safe within their communities.

What can my care coordinator help me with?

- · Making appointments
- Communicating between your doctors and other providers
- Answering questions about your health care
- Provide linkage to: medications, food, treatment for your health conditions
- Applying for benefits such as SSI/SSD, SNAP, Public Assistance, medical transportation, housing



What is Health Home Plus?

Health Home Plus is an enhanced level of care coordination within the Health Home program that services individuals with a Serious Mental Illness (SMI) and a secondary qualifying factor such as:

- Homelessness
- Release from incarceration within the last year
- High utilization of psychiatric inpatient or ED visits



Health Home Collaboration

EAC Network is a care management agency contracted to provide Health Home care coordination under Skyward Health and the New York State Department of Health.

Testimonial



"When I enrolled in the Health Home program at EAC, I had returned home after 25 years in prison. The world was a new place to me. Everything had changed while I was away, which made

me feel extremely anxious. I did not even know how to use my cell phone. In prison, so many things were done for me and now I had to begin for the first time in many years, to be an adult. I experienced panic attacks while taking the bus during rush hour because it was so crowded and noisy. My care coordinator encouraged me to keep trying and over time, I was able to overcome my fear and my surroundings no longer felt so scary. With my care coordinator's help. I received food stamps, public assistance and eventually SSI benefits. EAC helped me update my resume, get my driver's license and they connected me to vocational services. I had struggled a good deal of my life with addiction and wasn't able to break the cycle for so many years. I have been clean and sober for many years now, successfully graduating from an outpatient program. At one point I told my care coordinator I thought I should return to prison because the world was too much for me. Prison was all I knew for so long and I knew what to expect. With my care coordinator's help and support, I was able to slowly gain confidence and believe I could make it on the outside. I currently live with my son and his family and we plan to buy a home together one day. It was so important for me to know someone believed in me. With the added support, I eventually believed in myself!" -V.C.



EAC Network is a not-for-profit human service agency with over 100 programs throughout Long Island and New York City and has been providing human service programs in the fields of aging, youth, families, education, and criminal justice since 1969. Last year EAC Network helped over 82,000 people.

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Helping people with chronic health issues stay healthy



Long Island Health Home

Serving both Nassau and Suffolk Counties

Phone: (646) 355-5318 Fax: (631) 656-1051



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