



Long Island Parenting Institute

Our Classes

Common Sense Parenting

An in-depth workshop on using positive discipline skills for parents of children 18 months to 18 years old. Offered in English and Spanish. Classes run for six or seven weeks in our Hauppauge location. Fees apply.

Alternatives For Youth (AFY) Parent Support Group

Support for parents of teenagers (12-18 years old). Topics include adolescent development, substance abuse, mental health, and more! Offered in English and Spanish. Groups meet weekly in our Hauppauge location. Free!

Bright Beginnings

Explore skills for attachment, bonding, and brain building with your baby (up to 16 months). This three-week workshop meets in our Central Islip office. Fees apply.

Safe Baby Academy

Everything you need to know for safety and support in the fourth trimester! Topics include car seat safety, infant CPR, safe sleep, baby development, and more! This three-hour workshop meets in Central Islip. Fees apply.

Positive Parenting Workshop

Discover how to become a more calm and confident parent, and have a more connected relationship with your child. For parents of children 2-16 years old. This four-hour workshop meets on Saturdays in Hempstead. Fees apply.

November-December 2019 Schedule

Weekly Workshops!

Common Sense Parenting:

Toddler & Preschooler Class
Spanish-Speaking Class
School-Age Class
*Starting Wednesday 11/6/19
6pm-8pm in Hauppauge*

AFY Parent Support Group:

*Mondays Starting 10/21/19 & 12/9/19
6pm-7:30pm in Hauppauge*

Bright Beginnings

*Thursdays Starting 12/5/19
10:00am-12:30pm in Central Islip*

One-Day Workshops!

Safe Baby Academy

*Wednesday 11/13/19
9:30am-12:30pm in Central Islip*

Positive Parenting Skills

*Saturday 12/7/19
9am-1pm in Hempstead*



Contact Us:

(631) 648-7100 x217 (English)

(631) 954-1454 (Español)

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