



New York State Senate
Albany, NY 12247

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NEW YORK SENATE

Senator Kemp Hannon
invites you to a special program

The Aging Brain - Use It or Lose It

Thursday, May 4, 2017

10:00 AM - 11:00 AM

Farmingdale Public Library
116 Merritts Road, Farmingdale, NY

The Aging Brain - Use It or Lose It

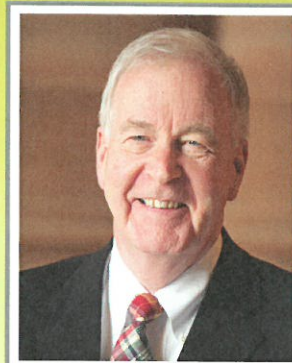
The aging brain - what does it look like and what you can do to keep your memory sharp.

Join our speakers Mary Ann Sampson, Registered Nurse, and Christine Weber, Program Coordinator of In-Home Respite Services at EAC Network, as they discuss your body's most important organ - your brain.

Learn how to keep your brain healthy through nutrition, exercise and simple everyday activities as well as the diseases that affect the brain and strategies to help boost your memory as you grow older.

Reservations are required for this FREE event.

Visit www.kemphannon.com or call Senator Hannon's Community Office at 516-739-1700 to sign up.



New York State Senator
Kemp Hannon

6th Senatorial District

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