



A FREE workshop for parents of children 2-17 years old.

## When:

April 4, 2017 6:30pm-7:30pm

## Where:

Astoria Bank 300 East Main Street Bay Shore, NY 11706

Call To Register: Kathryn Cannino (631) 737-9384 or (631) 648-7100 x217

Presented by EAC Network's Long Island Parenting Institute

## **Positive Parenting**

How do I get my children to increase positive behavior and decrease negative behavior? Get together with other parents to discuss the advantages and disadvantages of certain discipline techniques. We will explore how to teach more and punish less.

Come down for answers to some of these parenting questions and more...

- What can I do to help my child calm down?
- What kind of consequences should I give?
- . How do I get my child to follow instructions?
- How do I help my child accept "no" for an answer?