In order to be enrolled in AFY adolescents must exhibit 3 incorrigible recent behaviors that are not school related. These can be, but are not limited to:

- Disobeying curfew/ whereabouts unknown
- Running away
- Experimenting or abusing drugs and/or alcohol
- Threatening behaviors

Please note:

- Adolescents who are currently receiving intensive in-home services, such as S.P.O.A. or Home Base are not eligible for the AFY program.
- Adolescent who are currently on Probation or a School PINS, are not eligible for the AFY program.
- Adolescents having behavioral issues at school and primary issues in the home, may be accepted into the AFY program and staff will gladly work with families and school to address these concerns.

To enroll please call: 631-853-7889

For general questions about the program please call: 631-648-2700

Alternatives For Youth is a partnership between Suffolk County Department of Social Services, Suffolk County Department of Probation, Suffolk County Office of Mental Hygiene, & Suffolk County Youth Bureau.
**What Can AFY Do For You?**

Alternatives For Youth (AFY) is an intensive HOME-BASED intervention program.

1. Our primary focus is to provide immediate assistance and keep families together.
2. All visits with the AFY Case Managers occur in your home.
3. AFY Case Managers have consistent phone contact with the family.

**Supporting You Every Step Of The Way**

The Alternatives For Youth Program starts with immediate, home-based, intervention with each family.

AFY wants families to succeed. While the AFY Case Manager is working with your family, we offer an umbrella of services to assist you along the way. It is a partnership amongst parents, the adolescent and the AFY Case Manager from day one.

**You Are In Control**

Families set their own goals with the assistance of the AFY Case Manager, focusing on core issues that continue to put the family in crisis.

1. AFY is completely voluntary. If you feel you cannot make the commitment to AFY services or do not like the services offered, you may withdraw at any time.
2. You may reapply for AFY services at any time if crisis occurs again.

**Hotline**

Staff are available on a 24-hour basis to ensure each family receives the support needed in an emergency situation.

**Teen Enrichment Program**

Sometimes an adolescent needs someone they can identify with to guide them. AFY provides male and female Peer Specialists to engage youth in positive recreational and educational activities.

- This includes both one on one and group outings. It can be as little as playing basketball or as big as touring NYC.
- AFY offers a specialized peer group for young women. The H.E.R.S. (Helping Each other Reach Success) group focuses on teaching adolescent girls to make healthy choices in their life.
- Boys to Men Group transitions adolescent boys into manhood. The group focuses on the journey of building strong character to improve their life skills.

**Parent Support Program**

Families are typically in crisis because they have specialized issues that parents need more help in addressing.

AFY’s Parent Resource Manager conducts workshops to empower parents and enable them to better handle their family’s needs.

- In-home parenting support is available for parents that do not have transportation or have specialized needs.

**Linkages to Support Services**

Additional supports within EAC Network:

- EAC Network offers a variety of services based on individual family need. These include but are not limited to: Child Advocacy Center Services, Chance to Advance, Long Island Parenting Institute, STOPLIFT, anger management programs, PINS Mediation Services and Jumpstart.

External Supports in Your Community:

- Important Linkages Include: EAC Network can connect you with substance abuse counseling, individual and family counseling, educational advocacy services, outpatient psychiatric evaluations, mental health services and Youth Bureau recreational services.

**Long Term Support—Aftercare Services**

After-Care is available for families that require additional services or support beyond the 30 day crisis intervention. After-Care typically lasts 3-6 months but may be offered up to an year if needed. Three different branches After-Care are available and tailored to your family’s particular need. These include:

- DSS Preventive Aftercare Services
- Family Service League Aftercare Services
- EAC Network Peer Specialist Aftercare

*When the time is right, towards the closure of the case, After-Care choices will be discussed with your family.*

**For more information on AFY services call:**

631-648-2700

**To enroll in the AFY Program call:**

631-853-7889